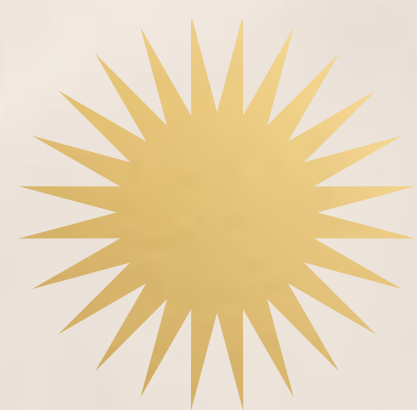




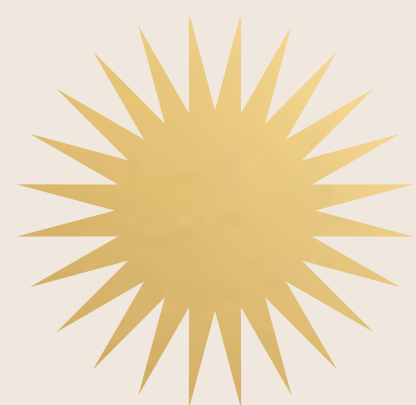
Allure

Wellness & Spa

TREATMENT MENU

ALLURESPA.COM

VIA DEI CAVALIERI 2/C, 50123, FIRENZE



Massage Area

Dedicated to the well-being of body and mind with the most sought-after techniques by our professionals. Let yourself be enveloped In a private and relaxing environment, by soft lights, delicate aromas and sounds harmonious, as you experience pure emotional relaxation.



Rituals

Berbero Ritual

90 min / € 200

Berber ritual is a wellness and body care experience that has ancient origins in North Africa. It is a ritual that combines cleansing, exfoliation, and massage, often using natural products such as Argan oil, black soap, and Kassa gloves.

Madera Wood Therapy

60 min / € 150

Body ritual that sees the use of Wood to give numerous benefits on a physical and mental level. It aims to improve blood and lymphatic circulation, helps improve cellulite while offering a relaxing and reshaping effect.

Aromatherapy massage

60-80 min / € 150 - € 210

The combination of the aromas of essential oils and relaxing maneuvers will bring mind and body into a total immersion of Relaxation.

Solar plexus massage

40 min / € 100

Focuses on the abdominal-umbilical area with light touches and the use of essential oils aimed at relaxing the diaphragm by releasing tension and abdominal bloating.

Stone Foot massage

40 min / € 100

Targeted for after a day of touring the city, relieving tired feet and relieving tension. Combines the benefits of traditional massage with those of therapies given by stone heat or from cold stones.

Traditional Massage

Deep tissue

60 min / € 150

Specialized techniques help to refresh and relax muscles, increasing the blood flow and therefore the oxygen flow around your body. This gets rid of toxins in very sore and strained muscles in common areas such as a stiff neck, painful lower back and sore, tight shoulders.

Pregnancy Massage

60 min / € 150

Pregnancy massage offers numerous benefits, including reducing stress and anxiety, relieving muscle and joint pain, improving blood and lymphatic circulation, and preparing muscles for childbirth. It also helps reduce swelling in the hands and feet, promotes endorphin production, and increases feelings of well-being.

Leg Leggeresse Massage

40 min / € 90

Treatment to stimulate drainage of accumulated fluids, for jet leg or after a walk around town. A pool of aromatic synergies will be used that gently stimulate the lymphatic system, giving a feeling of lightness for your legs.

Detox Rituals

Peeling body

80 min / € 160

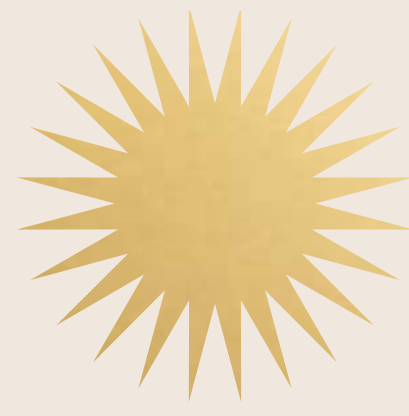
The Ritual begins with a 15 min. preparation inside the sauna, and then continues the treatment with the application of an exfoliating scrub made from natural ingredients. There will be a choice of two detoxifying scrubs that will be applied in circular motions, leaving the skin soft and silky. Everything will be finished by going to moisturize with a vegetable butter.

Couple Rituals

Honeymoon treatment

2h / € 450

Let yourself be carried away by the Tibetan sound and the essence of our oils, a true ritual for that begins with a relaxing massage with enveloping maneuvers and ends with a rejuvenating and illuminating facial treatment. To conclude your sensory journey at the end a small aperitif will be served.



Face Treatments

by Biologique Recherche

Biologique Recherche methodology is based on 45 years of experience. using innovative products and meticulous protocols. The products are formulated with high concentrations of active ingredients derived from natural or biotechnological compounds and are fragrance-free. BR works on the skin's instants, selecting every product you need for your skin, both for him and for her. Let our beauty specialist give you what your face needs.

After a careful analysis you can choose how to create your treatment.



Face Treatment

by Biologique Recherche

Anti aging Treatment

60 min / € 150

A regenerating experience designed to counteract the signs of aging, give a more toned and radiant appearance. The pool of serums rich in active ingredients to stimulate the production of collagen and elastin. Enriched with a very high percentage of hyaluronic acid all delivered in depth through the techniques of the lifting La Gemma's massage.

Only for Man

45 - 60 min / € 145

Advanced Technology in Synergy with BR Research. A treatment under the banner of Longevity begins with traditional Biologique Recherche preparation and continues with the use of the glove that will release gentle heat and Radiofrequency waves aimed at anti-stress rejuvenation and loss of tone.

A comprehensive treatment, which in addition to acting on the needs of the skin, goes to treat in a detailed manner also the beard to make it soft, shiny and fragrant.

Block Time RD

45 min / € 180

Advanced Technology in Synergy with BR Research. A treatment under the banner of Longevity begins with traditional Biologique Recherche preparation and continues with the use of the glove that will release gentle heat and Radiofrequency waves aimed at anti-stress rejuvenation and loss of tone.

Neck & chin treatment

45 min / € 100

The treatment is designed to combat the signs of aging, loss of tone and accumulation of sagging skin in one of the most delicate and visible areas of the face. To amplify the result, a targeted mask Biologique Recherche.

Face Treatment

by Biologique Recherche

Detox Skin

45 min / € 130

Specific rebalancer to rid facial skin of impurities. Double cleansing with the exfoliating lotion allows deep detoxification. The range of decongestant masks will result in radiant and fresh skin.

Glow Skin

60 min / € 150

A beauty ritual designed to brighten the complexion, give instant freshness and radiant beauty.

Cryo Eye Massage

40 min / € 90

Treatment aimed at defatiguing the eyes to rebalance from jack-lag or to treat bags and wrinkles around the eyes. Biologique Recherche brings a special attention with its targeted serums for the eye area. The use of cold Cryo sticks give relaxation and unique regeneration.

La Gemma Package

Leggeresse Package

90 min / € 210

Combined synergy between a draining leg treatment with anti-swelling cryo wrap to give a feeling of lightness and an anti-stress face and head massage. To conclude, a lymphatic leg massage to go to improve lymphatic circulation.

Last Minute Package

60 - 90 min / € 150

Partial Wax of your choice + Luxury Dry Pedicure

Remise en Forme Package

60 - 90 min / € 150

Peeling + only for you face 45 min
+ Luxury manicure

Bride to Be Treatment

2h 30 min / € 250

Get Ready for the Day of your dream, our Beauty room will be ready to shine with Luxury Spa Manicure, Luxury spa Pedicure treatment and an illuminating and regenerating facial treatment.

Beauty Room

Arabic Thread 15/zone

Ancient Arab technique that uses a thin woven silk thread to remove unwanted hair from the root without irritating the skin and without pain. Ideal for delicate areas of the face such as eyebrows, moustache, chin and dark hair in the face.

Waxing whole leg / €80

Waxing half leg / €40

Luxury Spa Dry Pedicure / €100

Luxury Spa Manicure / €90

Semipermanent additional / €30

Gel Removal / €30

Allure Information

Children's Policy

Guests must be 18 years old in order to have a spa treatment.

Children under 16 years old are not allowed to use the Sauna & Steam Room.

Children must be accompanied by their parents.

Arrival Time

Please allow sufficient time before your treatment to complete a spa consultation form and/or health questionnaire.

We recommend you arrive up to one hour in advance of your massage so that you can change, relax, and enjoy the spa facilities.

We ask to arrive maximum 20 min before the face treatment.

Please be advised that late arrivals will result in a reduction of treatment time.

The spa will provide towels, robes and slippers and any amenities required for use during your spa visit.

Scheduling an Appointment

To schedule an appointment for a treatment, please contact our reception who will be able to guide you to the right choice.

To ensure your preferred time and service is available we recommend you book in advance.

External clients that are making the reservation for a treatment, we will need a credit card to confirm the reservation.

Spa Etiquette

Our spa environment is one of relaxation and tranquility. Please respect all spa guests' right to privacy and serenity.

Considering this, the spa is a mobile phone, camera, alcohol, and smoke-free zone.

Health Conditions

Kindly advise us of any health conditions, allergies or injuries which could affect your choice of treatment when making your spa reservation.

Pregnancy

We have specially designed treatments for expectant women or nursing mothers.

Please allow our spa team to guide you in selecting which treatments are most suitable during this special time. Pregnant and nursing mothers are not permitted to use the Sauna & Steam Room.

SPA Opening Times

Monday - Friday: 10:00 – 20:00
Saturday - Sunday: 12:00 – 20:00

Gift Cards

An ideal gift for someone special - Contact the reservations team.

HomeCare

Products used in our treatments are available to buy at reception.

Valuables

The spa accepts no responsibility for loss of valuables and jewelry at any time on the spa premises.

